



## Guidelines brief and purpose

These COVID-19 testing and isolation guidelines include measures we are actively taking to mitigate the spread of COVID-19. We ask that all staff follow all these rules diligently, to sustain a healthy and safe workplace in this unique environment. It is important that we all understand and act responsibly and transparently to these health precautions. We assure you that we will always treat your private health and personal data with high confidentiality and sensitivity.

These COVID-19 guidelines are susceptible to change with the introduction of additional governmental guidelines. If so, we will update you as soon as possible by email.

## Scope

These COVID-19 testing and isolation guidelines apply to all employees and volunteers who physically work at CCGS.

It can be difficult to tell the difference between a respiratory illness such as COVID-19 and a respiratory illness caused by other viruses based on symptoms alone. Suspected COVID-19 cases are referred to as a 'suspect case' until a causative pathogen is identified through diagnostic testing (for example, nose and throat swab collection).

Staff at CCGS are expected to stay at home if they feel unwell and/or are presenting cold/flu like symptoms. The School requires all members of our community to follow government guidelines and directives associated with COVID-19 testing and isolation. Staff are required to inform the Principal Office if they are undergoing Covid testing.

Any person will be considered for testing if they meet the following criteria:

- Presenting with a fever ( $\geq 38^{\circ}\text{C}$ );
- A recent history of a fever (e.g. night sweats, chills); OR
- An acute respiratory infection e.g. shortness of breath, cough, sore throat.

## What is self-isolation?

Self-isolation means you **must stay in your home, hotel room, or other accommodation**, even if you are perfectly well with no symptoms. If you live in a unit or apartment block you must stay in your unit or apartment. **You cannot attend public places such as work, school, shopping centres, or go on a holiday.** Only people who usually live with you should be in the home. Do not see visitors.

You must stay in your place of isolation and **NOT GO OUT**, except to seek medical care. You should call ahead for advice. If you require urgent medical assistance, call 000 and let them know that you are in self-isolation due to COVID-19.

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## When do I need to self-isolate?

- Have been tested for COVID-19: you must self-isolate in your home (or other suitable accommodation) while you await your result. **You are not required to obtain a medical certificate;**
- Have tested positive to COVID-19: you must self-isolate until you have been told you can be released from isolation;
- Have been in close contact with a confirmed case of COVID-19: you must self-isolate for 14 days after the last contact with the confirmed case;
- Have arrived into Western Australia from interstate by air, sea, rail or road in the last 14 days: you must self-isolate for 14 days from the date of arrival (some exemptions may apply).

## What does this mean for your family or other people you live with?

Other people who live in your home do not need to self-isolate and can go about their usual activities, provided the above precautions are followed. However, if you develop symptoms and become a confirmed COVID-19 case, your family may need to self-isolate. Your Public Health Unit will advise you.

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